

River Oak Charter School

October Breakfast Menu

			10/1	10/2
			Ham Breakfast Burrito	Cheese Omelet w/Toast
10/5	10/6	10/7	10/8	10/9
Bagels and Cream Cheese	Egg and Cheese Biscuit	Mini Maple Waffles	Sausage Croissant	Banana Muffin
10/12	10/13	10/14	10/15	10/16
Indigenous Peoples' Day	Breakfast Chicken Biscuit	Mini Blueberry Pancakes	Chorizo Breakfast Burrito	Scrambled Eggs and Toast
10/19	10/20	10/21	10/22	10/23
Bagels and Cream Cheese	Egg and Cheese Muffin	French Toast	Pancake Sausage Wrap	Lemon Blueberry Muffin
10/26	10/27	10/28	10/29	10/30
Strawberry Oatmeal	Sausage Biscuit	Mini Blueberry Pancakes	Ham Breakfast Burrito	Cheese Omelet and Toast

*This facility is an equal opportunity provider and employer.

*Menu subject to change without notice due to the availability of items.

*An assortment of fresh fruits, vegetables, and milk is offered at each meal service.

*Special diet meals/milk available upon request. (Forms may be required.)

